

I'm A Bear, etc.

(*Sleepwalk With Me*, 2011)

We went to Alaska and they have "Bear Orientation" and they say if you see a bear you should clap and say, "I'm right here, bear! I'm right here! I'm Mike, and you're a bear!"

And I thought, *I'm going to be murdered by a bear.* Because that seems like basting yourself in barbecue sauce.

We went fly-fishing with this guide and, all of a sudden, there's an 8-foot brown bear walking towards my sister in the water, and I was proud of myself because I built up the courage to say, "Guide — do something!"

And the guide sprinted at the bear and goes, "Hee-yah, hee-yah!" And the bear walks away. And I was relieved that my sister didn't get mauled, but in retrospect I was angry at the guide. I was like, "You didn't tell me about the Hee-yah plan!"